

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:00							
09:00							
10:00	Social Play 10.00 - 12.00	Beginners tennis 10:00 - 11:00	Social Play 10.00 - 12.00	Skills & Drills 10.00 - 11.00			
11:00		Intermediate** 11:00 - 12:00					
12:00						Beginners Social Play 11:00 - 12.00	
13:00							
14:00							
15:00							
16:00							
17:00							
18:00							
19:00	Social Play / Skills & Drills 19:30 - 20.30						
20:00							
21:00							

5's & 7's Social Play	5 games - winners up/losers down. 7 games - winners up/losers down.
Please book at reception	
Skills & Drills	Skills & Drills mixed in by coach.
Please book at reception	
Beginners Tennis	Beginners Coaching is aimed at getting you ready for Social Play.
Please book at reception	
Team Practice	Cost - £4 per session.
Please book at reception	
Intermediate	Must be able to serve, rally, score from the back of the court.
Please book at reception	

* Not attended by coach.

** To attend intermediate sessions you must first attend beginner session for the tennis coach to assess ability level

*** TEAM PLAYERS ONLY (INVITE BY COACHES ONLY – Team coaching are players selected by Alex / Stuart)